

Dual Meet Order of Events without Frosh

3:15	1	Girls Varsity and JV	400 Relay
3:19	2	Boys Varsity and JV	400 Relay
3:24	3	Girls Varsity and JV	1600m
3:32	4	Boys Varsity and JV	1600m
3:39	5	Girls JV	100 HH
3:42	6	Girls Varsity	100 HH
3:47	7	Boys JV	110 HH
3:50	8	Boys Varsity	110 HH
3:56	9	Girls JV	400m
3:59	10	Boys JV	400m
4:02	11	Girls Varsity	400m
4:05	12	Boys Varsity	400m
4:11	13	Girls JV	100m
4:14	14	Boys JV	100m
4:17	15	Girls Varsity	100m
4:20	16	Boys Varsity	100m
4:26	17	Girls Varsity and JV	800m
4:31	18	Boys Varsity and JV	800m
4:37	19	Girls JV	300 LH
4:40	20	Girls Varsity	300 LH
4:45	21	Boys JV	300 IH
4:48	22	Boys Varsity	300 IH
4:54	23	Girls JV	200m
4:57	24	Boys JV	200m
5:00	25	Girls Varsity	200m
5:03	26	Boys Varsity	200m
5:09	27	Girls Varsity and JV	3200m
5:25	28	Boys Varsity and JV	3200m
5:39	29	Girls Varsity and JV	1600 Relay
5:45	30	Boys Varsity and JV	1600 Relay

Field Event Schedule

- 3:15 Long Jump
Varsity - 3 trials/ Top 4 - 3 additional trials
JV - 4 trials
- 4:30 Triple Jump - To follow long jump
Varsity - 3 trials/ Top 4 - 3 additional trials
JV - 4 trials
- 3:15 Discus
Girls Varsity - JV
Boys Varsity and JV to follow at 4:15
Varsity - 3 trials/ Top 4 - 3 additional trials
JV - 4 trials
- 3:15 Shot Put
Boys Varsity - JV
Girls Varsity and JV to follow at 4:15
Varsity - 3 trials/ Top 4 - 3 additional trials
JV - 4 trials
- 3:15 High Jump
Girls Vars 4'4"
Boys Vars 5'4"
Girls JV 4'0"
Boys JV 4'8"
- 3:15 Pole Vault
Boys Vars 9'6"
Girls Vars 7'0"
Girls JV 6'0"
Boys JV 7'6"