

### Dual Meet Order of Events with Frosh

3:15	1	Boys JV and Frosh	400 Relay
3:19	2	Girls Varsity and JV	400 Relay
3:23	3	Boys Varsity	400 Relay
3:28	4	Boys JV and Frosh	1600m
3:36	5	Girls Varsity and JV	1600m
3:44	6	Boys Varsity	1600m
3:51	7	Girls JV	100 HH
3:54	8	Girls Varsity	100 HH
3:59	9	Boys JV	110 HH
4:02	10	Boys Varsity	110 HH
4:06	11	Boys Frosh	65 HH
4:12	12	Boys Frosh	400m
4:15	13	Girls JV	400m
4:18	14	Boys JV	400m
4:21	15	Girls Varsity	400m
4:24	16	Boys Varsity	400m
4:30	17	Boys Frosh	100m
4:33	18	Girls JV	100m
4:36	19	Boys JV	100m
4:39	20	Girls Varsity	100m
4:42	21	Boys Varsity	100m
4:48	22	Boys JV and Frosh	800m
4:53	23	Girls Varsity and JV	800m
4:58	24	Boys Varsity	800m
5:04	25	Girls JV	300 LH
5:07	26	Girls Varsity	300 LH
5:10	27	Boys Frosh	300 LH
5:15	28	Boys JV	300 IH
5:18	29	Boys Varsity	300 IH
5:24	30	Boys Frosh	200m
5:27	31	Girls JV	200m
5:30	32	Boys JV	200m
5:33	33	Girls Varsity	200m
5:36	34	Boys Varsity	200m
5:42	35	Girls Varsity and JV	3200m
5:58	36	Boys Varsity, JV, and Frosh	3200m
6:12	37	Boys JV and Frosh	1600 Relay
6:18	38	Girls Varsity and JV	1600 Relay
6:24	39	Boys Varsity and JV	1600 Relay

## Field Event Schedule

- 3:15 Long Jump  
Varsity - 3 trials/ Top 4 - 3 additional trials  
JV - 4 trials
- 4:45 Triple Jump - To follow long jump  
Varsity - 3 trials/ Top 4 - 3 additional trials  
JV - 4 trials
- 3:15 Discus  
Girls Varsity - JV  
Boys Varsity and JV to follow at 4:30  
Varsity - 3 trials/ Top 4 - 3 additional trials  
JV - 4 trials
- 3:15 Shot Put  
Boys Varsity - JV  
Girls Varsity and JV to follow at 4:30  
Varsity - 3 trials/ Top 4 - 3 additional trials  
JV - 4 trials
- 3:15 High Jump  
Girls Vars 4'4"  
Boys Vars 5'4"  
Girls JV 4'0"  
Boys JV/F 4'8"
- 3:15 Pole Vault  
Boys Vars 9'6"  
Girls Vars 7'0"  
Girls JV 6'0"  
Boys Fros 7'6"  
Boys JV 8'6"