

CONSTITUTION OF NORTH COUNTY CONFERENCE

INTERSCHOLASTIC ATHLETIC PROGRAM

The North County Conference shall operate within the framework of regulations as prescribed by the C.I.F., San Diego Section. Reference – Green Book.

I. AWARDS

- A. The Conference authorizes member schools to purchase wall banners as annual championship awards in all approved varsity sports.
- B. The Conference provides medal awards as approved for League/Conference Finals in individual sports for the first four places.
- C. In all individual sport league championships, any time a school does not field a team in that sport, the individuals may be allowed to compete and win medals, however, not score any points that might detract from the team totals, possibly affecting the championship.
- D. Names of All-League players are to be released the day after the selections are made at the end-of-season sports meetings.
- E. The Conference will provide first and second team All-League Pins. These are distributed at the end of the season meeting.

II. CONFERENCE PASSES

- A. The Commissioner shall have the Conference passes printed and ready for distribution to all member schools one week prior to first scheduled contest of the school year.
- B. The Conference shall issue sixty (60) passes to each member school. These passes are good for all games. Each school may issue an unlimited number of school passes that are good for that school's home games.
- C. The Commissioner shall issue Conference passes to the sports departments of the media and the local community colleges.

III. ELIGIBILITY

C.I.F. Eligibility Rules will apply with the following modifications:

- A. The contest, in team or individual sports and points won in any event, in which an ineligible player is used, shall be forfeited to the next contestant.

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- B. No contestant may participate in any sport (versus NCC or section/state, etc.) on two levels on the same day.
- C. Twelfth (12th) grade students may not participate on Junior Varsity teams.
- D. Competition below the Varsity level after the last regularly scheduled contest for that sport is prohibited except for the Mt. Carmel Freshmen County Wrestling Championship Tournament.
- E. All Individual Sports – an individual must participate in at least one half of the league contests in order to participate in league finals – Exceptions: Documentation of injury or illness, or an ineligible athlete becomes eligible while listed on a team roster as a team member.
- F. The use of “chewing tobacco” by players or coaches is prohibited.
- G. Foreign Exchange students must be in an approved C.I.F. program to be eligible for one year.
 - 1. Other foreign exchange students would be given caregiver status and be ineligible for one year.
- H. A student who participated at the Varsity level in a sport at school “A” in the North County Conference and then enrolls (either by a bona fide change of residence, transfer or otherwise) in school “B” in the North County Conference during that same season of sport shall have restricted Athletic Eligibility in that sport. (9/15/04) Participation is defined as the 1st day an athlete practices and/or tries out with school “A”.
- I. As per Rule 511, a student athlete playing on a club team may try out and practice with their high school team but may not play in a high school scrimmage or game until participation with the club has concluded.
- J. Process for Appeal of Conference Eligibility (9/13/06)
 - 1. Letter of appeal presenting evidence must be presented to the NCC Commissioner at least ten (10) days prior to the regularly scheduled Conference meeting. Appeals received after this time period will be assessed by the Commissioner and a Special Conference meeting may be called if deemed necessary.
 - 2. Within ten (10) days of receipt, the Commissioner will convene a committee, composed of Principals from three member schools not involved in the appeal, to review the appeal and make a recommendation to the Conference.
 - 3. Evaluation of the appeal by the Committee must be based on the evidence obtained and/or presented.
 - 4. Each case shall be judged on its own merit.

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5. The Committee must apply its collective and subjective judgment in determining the applicability of the circumstances under discussion.

6. All interested parties are to be notified of the Committee Meeting and are encouraged to attend.

7. The decision of the Committee is final and not subject to further appeal or review.

8. The decision of the Committee as to why the appeal is granted or denied will be recorded in the Conference Meeting Minutes.

ATHLETIC DIRECTORS ASSIGNMENTS		
Baseball	Oceanside	Barrett
Basketball	Vista	Moramarco
Cross Country	Valley Center	Cummings
Field Hockey	La Costa Canyon	Digiulio
Football	San Pasqual	Clark
Gymnastics	Rancho Bernardo	Brose
Golf (Girls)	Orange Glen	Patterson
Golf (Boys)	Escondido	Bridges
Lacrosse (Girls)	Carlsbad	Waters
Lacrosse (Boys)	Sage Creek	Leighton
Soccer (Girls)	Mt. Carmel	Wright
Soccer (Boys)	Canyon Crest	Smith
Softball	Fallbrook	Walker
Swimming	Poway	Gonzalez
Tennis (Boys & Girls)	Torrey Pines	Livingston/Faicis-Stevens
Track	El Camino	Helgesen
Volleyball (Girls)	Mission Vista	Hall
Volleyball (Boys)	Ramona	Baldwin
Water Polo (Boys)	San Dieguito Academy	Conn
Water Polo (Girls)	Westview	Carter
Wrestling	Rancho Buena Vista	Nellis

League Finals	Athletic Directors Assignments and Sites			
	Avo West	Avo East	Palomar	Valley
Tennis (Girls)	RV	SP	TP	OG
Cross Country	RV	SP	MC	VC
Golf (Girls)	OC	SM	RB	CC
Golf (Boys)	EC	MH	P	OG
Gymnastics	MC		LCC	

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Swimming	RV	FA	RB	DN
Tennis (Boys)	RV	VI	TP	OG
Track & Field	EC	SP	PO	VC
Wrestling				

STARTING DATES FOR SEASONS OF SPORT AND SEASONAL MEETINGS			
FALL	August 11	Mtg at Del Norte	Monday 8/18 & Monday 11/17
WINTER	November 15	Mtg at SM	Monday 10/27 & Monday 2/23
SPRING	February 22	Mtg at MH	Monday 2/9 & Monday 5/18

IV. ATHLETIC DIRECTOR'S RESPONSIBILITIES

A. Specific Obligations

1. Chair the meeting.
 2. Collect All-League team selections.
 - a. To all coaches: The criteria for the All-League selections are determined by the coaches in attendance at the end-of-the-season meeting. All decisions are final.
 - b. Mail Football, Boys Basketball, and Baseball to the Hall of Champions.
 - c. Mail ALL OTHERS to the San Diego CIF Office.
- B. It is the responsibility of the host school to provide logistical support and organization. It was emphasized that the host school Athletic Director will determine playoff site and submit for reimbursement after the playoff event is completed.
- C. All gate receipts for prelims and finals for all sports will be used to pay for expenses. Any excess will be sent to North County Conference, and any deficit will be absorbed by the host school. (See attached Playoff Expense Committee recommendations.)
- D. It is the responsibility of each Athletic Director to provide coaches with League rules and regulations.

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V. GAME MANAGEMENT

- A. Communication – It is the responsibility of the administration of the home school to send out any necessary information concerning the game to the visiting school in advance of the contest in sports such as football, basketball, etc.
1. Cancellation of individual contests is between schools involved.
 2. If a school plans to discontinue a team at the varsity level, they must notify the Conference that they are doing so, after which they may not reinstate that season. This will allow opponents to possibly pick up other contests.
- B. Expenses – The home school shall bear the expenses of a league contest and shall take the gate.
- C. Supervision – Each member school is to provide direct supervision (the Principal or his/her representatives) for its home games for the following events:

Varsity and JV Football

Boys Varsity Basketball

Girls Varsity Basketball

Varsity Wrestling

Boys Varsity Soccer

Girls Varsity Soccer

All night activities at the varsity level (5 p.m.)

Any event where a problem can be anticipated, i.e. rivalries, League Championships.

Direct supervision is defined as having personnel at the game site from the time the crowd begins to gather until it disappears.

Supervision must be provided by the visiting school for the following events:

Varsity and JV Football

Boys Varsity Basketball

Girls Varsity Basketball

Any event where a problem can be anticipated.

The home school is responsible for supervising all other events. The level of supervision is left to the judgment of the Principal given the specific circumstances of the contest.

Artificial noisemakers and confetti are prohibited at all League athletic contests. Megaphones are prohibited at all contests staged in the gymnasium.

- D. Trainer – Host school will provide a qualified trainer at all sanctioned tournaments.

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- E. Security – Each school will arrange for adequate security for League contests as needed.
- F. Officials – The Conference will use SDCIF approved official's organizations for all contests.
- G. Publicity – The home school is responsible for phoning in the game report to the newspapers.
- H. Admission Prices – Currently approved admission prices are as follows: (12-7-10)

Football: \$7.00 Adults
 \$5.00 Students (5-18 years of age) and Seniors (60+)
 Free Children under 5

Freshmen games played at night

 \$3.00 Adults
 \$2.00 Students

All other night contests (after 5 p.m.)
Varsity only and Varsity Basketball Triple-headers (after 4:30 p.m.)

 \$5.00 Adults
 \$4.00 Students

Non-Varsity Basketball (after 4:30 p.m.)

 \$3.00 Adults
 \$2.00 Students

League Meets (Prelims & Finals)

 \$5.00 Adults
 \$4.00 Students

League Meets (Prelims & Finals)

 \$5.00 Adults
 \$4.00 Students (5-18 years of age) and Seniors (60+)
 Free Children under 5

All other varsity contests as determined by the host site and with written notification to the visiting teams (i.e. soccer and lacrosse).

 \$5.00 Adults
 \$4.00 Students (5-18 years of age) and Seniors (60+)
 Free Children under 5

Ticket sales may begin up to one hour prior to the first contest.

Football: Cheerleaders and team members admitted free; no limit on size of pep band; pep band must be accompanied by an advisor.

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Basketball: CIF rule for number of students allowed in the pep band will apply.

I. Starting Times (Revised 12/3/03)

1. All afternoon contests shall begin at 3:15 p.m. unless noted.
2. Football – Junior Varsity games at 5:00 p.m. with Varsity games at 7:30 p.m., providing there is a minimum of 35 minutes between games. Freshmen games will start at 5:00 p.m. unless home team chooses to play earlier.
3. The league starting time for Field Hockey, Girls Tennis, and Boy's Water Polo be moved up half an hour after daylight savings time ends to allow for (a) safety, and (b) allow JV to complete their games. (From 3:15 p.m. to 2:45 p.m.)
4. Night Wrestling – Junior Varsity and Freshmen matches to begin at 5:30 p.m. with Varsity matches to follow at approximately 7:00 p.m. Weigh-in will be held between 4:30 p.m. and 5:00 p.m.
5. Girls Water Polo will start at 2:45 p.m.
6. All Track meets will start at 3:15 p.m.
7. Soccer contests will start with JV/FR at 3:30 p.m., Varsity at 4:45 p.m. Girl-Boy double headers may start at 5:00 p.m. and 7:00 p.m. by mutual agreement.
8. Gymnastics contests will begin at 4:00 p.m. with timed warm-up to begin after teams are introduced and march in. (Adopted 9/14/2005)
9. All Spring sports to change starting time to 3:30 p.m. after daylight savings time change.
10. No athletic contests shall begin prior to 2:00 p.m. without prior permission from the Conference Athletic Directors.
11. Basketball:
 - Freshmen: Tuesdays, 3:30 p.m. and 5:00 p.m.
 Fridays, 5:00 p.m. and 6:30 p.m.
 - Junior Varsity: Tuesdays, 5:30 p.m.
 Fridays with Freshmen, 8:00 p.m.
 Fridays with Varsity, 4:30 p.m.
 - Varsity: Tuesdays and Wednesdays with JV, 7:00 p.m.
 Fridays, following JV at 6:15 p.m. and 8:00 p.m.
12. Cross Country – Meets begin with Girls JV at 3:15 p.m. until daylight savings time, then 3:00 p.m.

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13. Special Considerations in starting times:

- a. Football – Provide a minimum of 35 minutes between the END of the JV game and the BEGINNING of the Varsity game.
- b. Volleyball – JV contests are to be played first; the Varsity coin toss shall be held within five minutes of the completion of the Junior Varsity game. The Varsity game shall begin TWENTY minutes after the coin toss.
- c. Water Polo – Order of contests is JV, V, Novice with a twenty minute warm-up prior to the start of each contest.
- d. Softball – Games below the Varsity level may end anytime AFTER FIVE innings, when a team is behind twelve (12) or more runs and has completed its time at bat.

J. Expenses

Inter-league contest: All inter-league contests will be scheduled on a home/home basis with the home team retaining the gate, unless mutually agreed otherwise.

It is suggested that Conference teams prepare written contracts for all non-league games.

K. Scouting

The exchange of films by coaches within the Conference shall be in accordance with currently approved procedures (Rule#14, Football).

VI. INDIVIDUAL SPORTS PLAYOFFS

A. League Finals and Prelims

1. The final selection of site is the responsibility of the host school Athletic Director.
2. Conference Coordinator will:
 - a. Assist in complying with CIF – San Diego Section Responsibilities
 - b. Order medals as approved for such events.
 - c. Send out all format information.
 - d. Send out entry forms.
 - e. Set up meeting of League and/or Conference coaches when necessary.
 - f. Assist host school coach when necessary.
3. Head coach of **host** school will:
 - a. Make arrangements for physical facilities; their own or some other school.

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- b. Collect entry forms and set up seeding committee from among the coaches – get FIRST NAMES of all entries.
 - c. Follow the format information provided by the Conference Coordinator.
 - d. Get medals from the Coordinator for awarding at school.
 - e. Make sure that official scorer is present at meet; and an announcer, where needed. Host school should be paid \$250.00 per day, for use of a timing system.
 - f. Check on the availability of a Trainer during the meet.
 - g. In all individual events, qualifying for the CIF, get scores, times, or efforts down to SIXTH (6th) place.
4. Head coach of all schools will:
- a. Be aware of meet format, Conference and CIF Rules governing meet, and qualifying.
 - b. Get entry forms in on time; provide first names.
 - c. Make sure that all workers required from your school:
 - Are assigned,
 - Show up,
 - Bring whatever equipment they may need – measuring tape, stopwatch, etc.
5. No league playoff contests are to start prior to 2:00 p.m. unless approved by Conference Athletic Directors.
- B. League Finals and Prelims Expenses
1. Host school will pay all expenses up front, to be reimbursed (from by receipts) by Conference Treasurer.
 - a. Officials:
 - (1) Cross Country: one starter per league.
 - (2) Track: two starters for each league – prelims and finals.
 - (3) Swimming: two officials each league for both prelims and finals.
 - (4) Gymnastics: eight officials each league.
 - (5) Diving: one judge.
 - b. Other expenses: Each school hosting league track prelims and finals is authorized up to \$300 to pay times, judges, and field event people.

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- c. The host school is to provide a trainer for league championship meets in Cross Country, Wrestling, Track and Gymnastics.
 - d. Admission gate dollars will go to pay allowable expenses – net receipts will go to Conference.
 - e. Use of timing systems at host school: \$250/Day of use.
2. Payment for School Facilities other than the Host School's facility for conducting League Prelims/Finals.
- Facility Use (if facility is NOT that of host school):
- a. Track: Up to \$300, each league
 - b. Swimming pool or gymnasium: Up to \$200, each league
 - c. Cross Country: Up to \$3,000.00 for all four leagues(Revised 2/27/13)
 - d. Any sums in excess of these amounts must be approved by the Conference, in advance.
 - e. Any night events, which may require security, are authorized for up to \$100 per league.
3. For league golf tournaments, it is the individual school's responsibility to pay for required green fees.

VII. LEAGUE STANDINGS

- A. Refer to individual sports regulations to determine what constitutes champions.
- B. In case of a tie, a co-championship shall be declared. However, the team that has beaten the other team the most in league competition will represent the League in the CIF Playoffs whether it is a first, second, or third place tie.
- C. In case of a true tie (where there is a split in the number of games played), the team with the better last round record shall represent the League in the CIF Playoffs.
- D. If the last round records are the same, the winner of the last round game between the two schools involved shall represent the League in the CIF Playoffs.
- E. If a tri-championship or three-way tie for second or third place exists, the above formula shall be applied to determine the ranking of the teams where applicable.
- F. In the event the above methods fail to produce a CIF representative, a coin flip will be employed. Once this is decided, the provisions of B, C, and D above shall be used to determine the ranking of the remaining teams.

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VIII. RULES VIOLATION/PROTEST PROCEDURES

A. First Violation

A rule violation that, in the judgment of the Conference principals, does not give a team a strong advantage will result in the school involved being placed on probation for a period of one calendar year from the date on which the violation took place.

Should any school on probation violate any Conference or CIF rule during the period in which they are on probation, that school will be declared ineligible for any championship and/or CIF play-off berth in any sport for twelve (12) month period from the date of the second violation.

If, in the opinion of the Conference principals, the violation committed would give the school or schools involved any special advantage(s), the Conference will then require the forfeiture of one of more contests for that sport season.

B. Second Violation

A violation by a school within a two-year period from the date on an assigned probation will result in that school being declared ineligible for any North County Conference/League Championship and/or CIF play-off berth for all sports for a twelve (12) month period from the date of the violation.

C. Protest Procedures

1. Within five working days of the alleged infraction, protests will be registered in writing with supportive evidence to the Conference President.
2. The President will determine if and when the protest shall be considered by the representatives of the member schools of the league involved.
3. The protest committee will be composed of all member schools of the League except the schools involved in the dispute and the Chairman of the meeting. In case of a voting tie, the Chairman shall cast the deciding vote.
4. If the protest is upheld, corrective action will be in accordance with existing Conference by-laws.
5. Any action shall be final.

D. If Principal A reports to Principal B, with a copy to the Conference President that one of his/her coaches has committed a violation of CIF or Conference rules or CIF Code of Ethics, Principal B will take action as follows:

1. Conduct a thorough investigation in conjunction with all parties concerned, e.g. administrators, coaches, officials, and others.
2. Determine if the violation was willful.
3. Determine how serious the violation was.

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4. If the violation is determined to be willful and/or serious, take appropriate action such as:
 - a. Issue an oral or written reprimand.
 - b. Remove the coach from his/her position.
- 5 Report the action taken, in writing, to the Conference President at the next Conference meeting or within ten working days, whichever is sooner, with a copy of said report to Principal A.

If the above violation involves a team, the Conference shall consider appropriate action on a timely basis. Sanctions may be imposed such as removal from CIF Playoffs, forfeiture or a game(s), or other actions/penalties.

- E. In the past, coaches have met informally, arrived at decisions, and made recommendations, which caused conflict because they had not been considered and approved by the Conference. Accordingly, Principals are directed to inform coaches that their recommendations will not be accepted unless those recommendations come from an official Conference meeting and are approved by the Conference.

IX. SCHEDULING

- A. If at least four schools enter teams in any Conference approved sport, a regular schedule shall be drawn so that a League/Conference champion can be determined.
- B. The Conference approves the drawing of basic schedules on a rotation plan. Schedules for any ensuing year shall be drawn by moving scheduled games one step down the ladder, with home fields reversed, and last scheduled games moving to the top of the ladder. Schedules for each ensuing year will reverse sites. Every second year scheduled games are moved down, except for the last game, and next to last game moves to the top of the ladder.
- C. Starting time, place, or date of a scheduled League/Conference contest can be changed only by mutual agreement of Principals and/or Athletic Directors of the competing schools.
 1. No Junior Varsity or Freshman competitions may be held after the last scheduled league event, i.e. tournament except for the Mt. Carmel Freshmen County Wrestling Championship Tournament.(Revised September, 2012)
- D. Make-up of Contests

Any contests which cannot be played at the regularly scheduled date and time is to be made up on the next open school day, weather and/or facilities permitting. (Revised 9/17/03)
- E. The mutual consent clause in "C" listed above cannot be used in this case.
- F. Forfeits
 1. Whenever a school forfeits a game, the forfeit shall be reported to the President of the Conference, who in turn shall report the forfeit, with resulting changes in standings, to the press and to member schools.

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2. A Conference policy is established that when a school finds that it is unable to play a regularly scheduled League contest due to excessive illness on the squad, such League contest shall be considered forfeited by the team unable to play. If mutually agreed, by both administrations, schools may reschedule the game and the forfeiture is negated. (Revised 9/9/10)

G. Facilities

A school must have access to a facility for that sport in order to field a team in that sport.

H. League/Conference schedules should be developed so as to avoid legal holidays whenever possible.

I. Due to scheduling difficulties, the following guidelines for conflict resolution are adopted:

1. Games have precedent over practice.
2. Wrestling takes precedent over basketball, except by mutual agreement.

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X. NORTH COUNTY CONFERENCE SCHEDULING FORMATS

Varsity Football	Single Round – modified for Football only
Freshmen Football	Single Round (Reverse of A) – modified for Football only
Water Polo	Single Round A
Girls Volleyball	Double Round A
Girls Tennis, Varsity	Double Round B, moved back two weeks
Girls Tennis, JV	Double Round A, moved back two weeks
Cross Country	Separate, Triangulars
Field Hockey	Separate, Three Leagues
Wrestling	Single Round B
Varsity Basketball	Double Round A, Balance Home Fridays
Freshmen Basketball	Double Round B, Opposite Varsity
Boys Soccer	Double Round A, Follow Varsity Basketball
Girls Soccer	Double Round B, Reverse of Boys Soccer
Girls Water Polo	Single Round B
Varsity Baseball	Start with Double Round A, modified to Triple Round
JV and Frosh Baseball	Start with Double Round B, modified to Triple Round opposite Varsity
Varsity and JV Softball	Double Round A
Freshmen Softball	Double Round B, opposite Varsity
Track	Single Round A
Swimming	Single Round B
Boys Tennis, Varsity	Double Round B, moved back two weeks
Boys Tennis, JV	Double Round A, moved back two weeks
Boys Volleyball	Double Round A, modified to three leagues
Boys Golf	Double Round A
Gymnastics	Separate, Two Leagues
Boys Lacrosse	Separate, Two Leagues
Girls Lacrosse	Separate, Two Leagues

(Revised September,2012)